b)   a server connected to said remote [interface] <u>computer workstation</u> via a first communication network, said server including a script program generator for generating a script program according to the specified information;

c)   a remotely programmable apparatus networked to said server via a second communication network, said remotely programmable apparatus including:

    i)   communication devices for receiving said script program from said server;

    ii)   user interface; and

    iii) processor device for executing said script program, wherein said executing script program conveys the information to the individual using the user interface and receives input from the individual in response to the conveyed information through the user interface, said processor device being connected to said communication device and to said user interface; and

d)   at least one monitoring device in communication with said remotely programmable apparatus, said at least one monitoring device for providing at least one measurement of a physiological parameter of the individual.

4. (Twice Amended) The system of claim 1, wherein said measurement is transmitted to said remote [interface device] <u>computer workstation</u> via said server.

11. (Amended)   The system of claim 1, wherein said remotely programmable apparatus is located at the residence of an individual to be monitored, and said remote [interface] <u>computer workstation</u> is located at a location remote from the residence of the individual to be monitored.